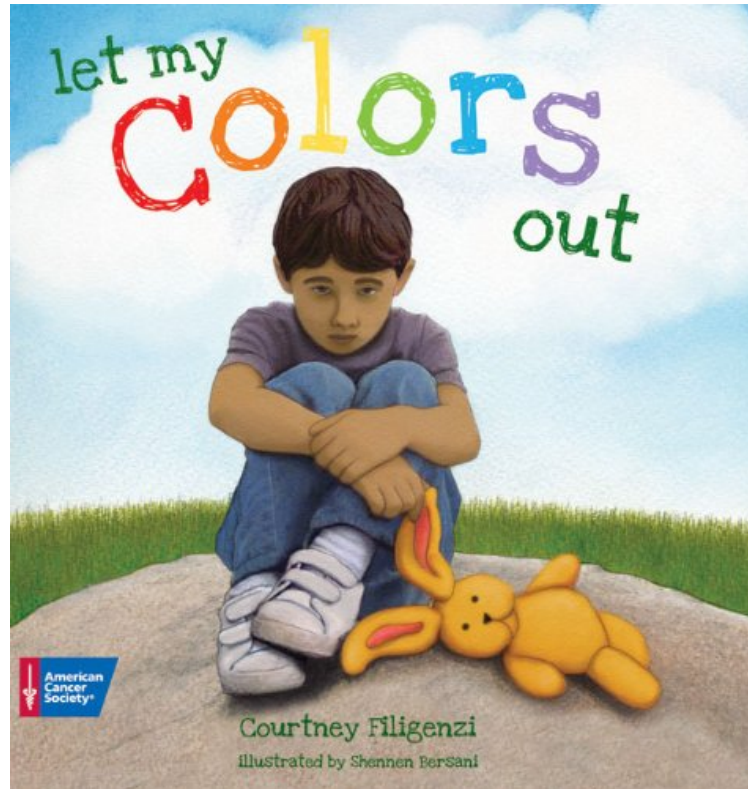


## Let My Colors Out

Courtney Filigenzi

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#394363 in Books American Cancer Society Model: FBA-[275722 2009-07-01 Original language: English PDF # 1 8.00 x .40 x 8.00l, .60 #File Name: 160443011716 pages | File size: 51.Mb

**Courtney Filigenzi : Let My Colors Out** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Let My Colors Out:

1 of 1 people found the following review helpful. I've used this book in counseling sessions with some of ...By Eeyorelvr I've used this book in counseling sessions with some of my students and it really helps them to express their feelings. 1 of 1 people found the following review helpful. Five Stars By Megan Awesome book. Highly recommend this book for kids who are dealing with cancer. 1 of 1 people found the following review helpful. Great chaplain resource. By Anne T Great resource for chaplains. Talks about colors in terms of feelings. Hugely helpful for kids.

Help children cope with range of emotions following a parents cancer diagnosis Unfortunately, many young children today are dealing with their parents diagnoses and battles with lifethreatening illnesses. In Let My Colors Out, a young child is dealing with his moms diagnosis and treatment of cancer. He experiences a range of emotions scared, sad, jealous, feeling fine, denial, anger that together form a rainbow of hope through this critical time. This fully illustrated board book (concluding with a clever pop-up of balloons) can be a useful tool for parents, teachers, and counselors who deal with children ages 4-8. It will help children realize that they are not alone and that other people have felt the same things they are feeling. This book can open up channels of communication between parents and their children, giving children not only understanding, but also assurance that they can share their feelings.

Gold Recipient, Mom's Choice Awards 2010, Children's Picture Book: Growing Up/Personal Growth