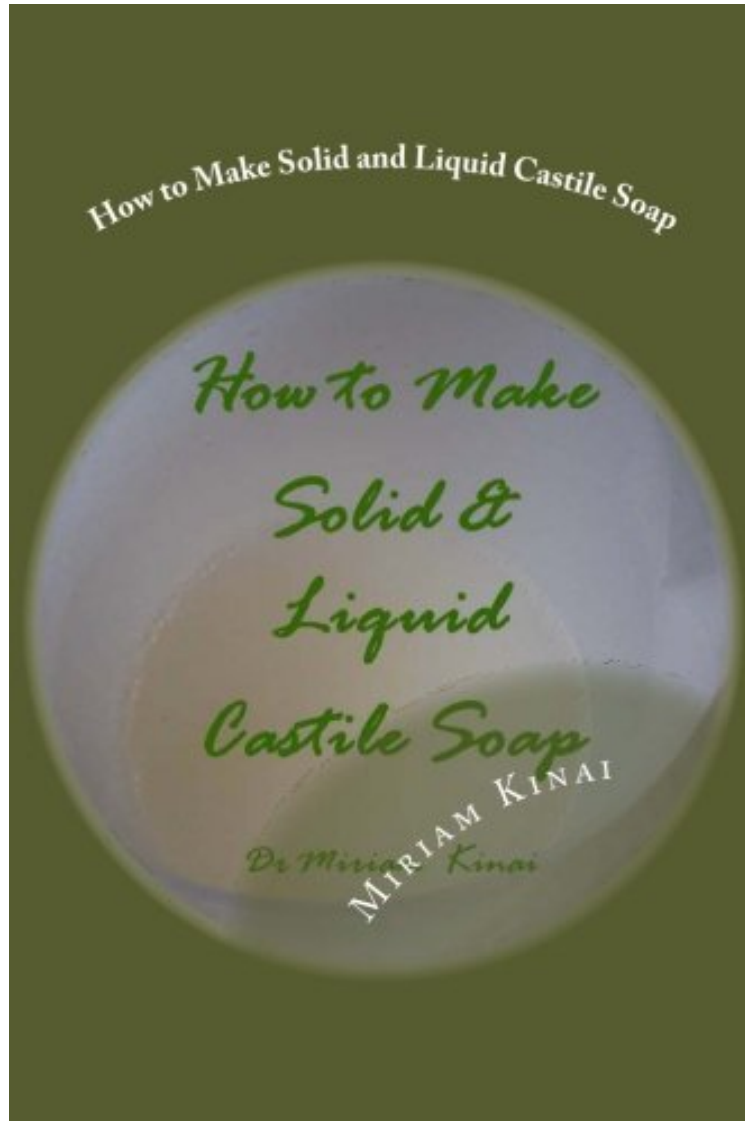


[Free read ebook] How to Make Solid and Liquid Castile Soap

## How to Make Solid and Liquid Castile Soap

*Dr Miriam Kinai*

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**Dr Miriam Kinai : How to Make Solid and Liquid Castile Soap** before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Make Solid and Liquid Castile Soap:

14 of 14 people found the following review helpful. Most disappointing book I've see in some timeBy Lover of great booksI was very, very disappointed by this book. First, it does not tell how to make real liquid Castile soap using potassium hydroxide. Instead, it simply tells how to mix bar soap with water to use as a liquid soap! There is very big difference between real liquid Castile soap and bar soap mixed with water. The real liquid soap can be used as a beautiful shampoo. Second, the instructions provided for making bar soap were elementary and were not nearly as

good as those available from many free web sites. All around this is a very disappointing book and not worth the money. 7 of 7 people found the following review helpful. What a rip off  
By SherMac  
I bought this book because it is "how to make solid and liquid Castile soap. I already knew I could grate a soap bar and add water to create liquid soap. I was expecting to learn how to make liquid 100% olive oil soap from scratch. Soooo disappointed. I accidentally bought 2 copies which makes me twice as disappointed!! Will certainly not ever fall for this one again.  
2 of 2 people found the following review helpful. I regret buying this one  
By Diana Newago Knoke  
Don't bother buying this one - you can get the same castille soap recipe online (olive oil, lye, water). She gives some basic information about essential oils, but the VAST majority of the "pages" are advertisements for her other offerings.

How to Make Solid and Liquid Castile Soap teaches you how to make homemade bars of pure olive oil soap using the cold process method as well as liquid castile soap. This book also teaches you how to make castile soap for normal, sensitive, mature and dry skin types as well as to help manage cellulite, eczema, psoriasis, ringworms, menopausal symptoms, pre-menstrual tension, painful periods, arthritis, stress, sadness, mental exhaustion and insomnia.