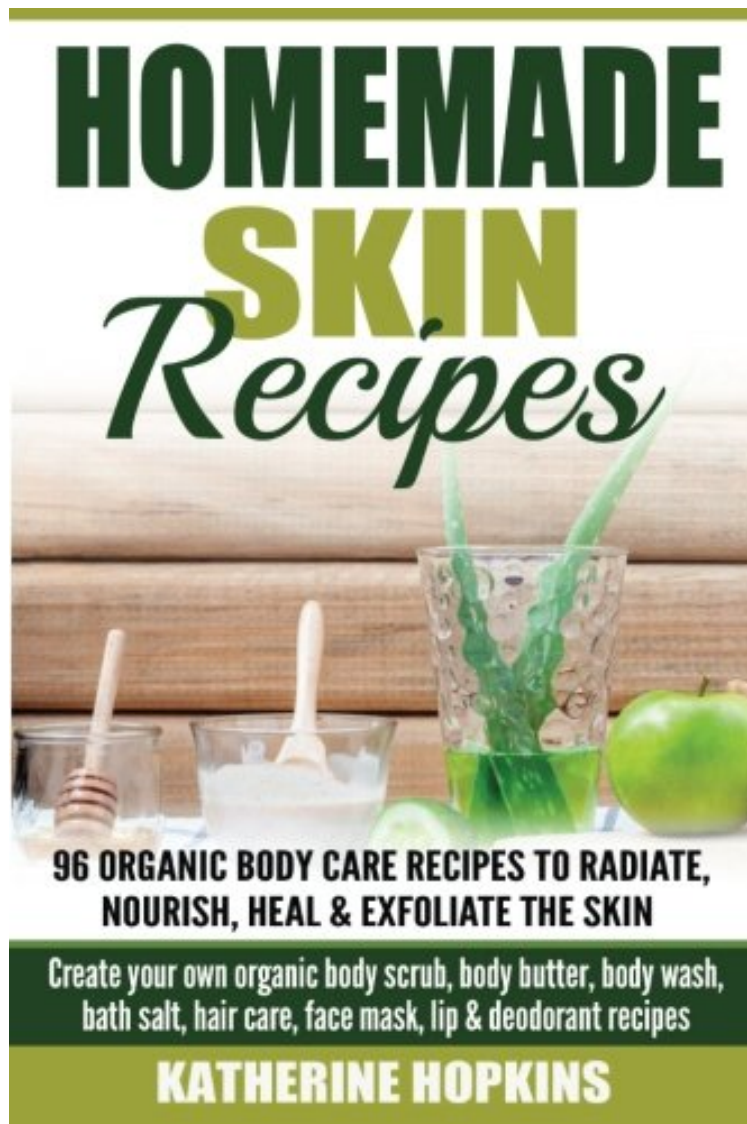


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With the plethora of beauty products available in the market these days, choosing skin care products has become a hard task because everything is inevitably synthetic and the few organic and natural products that you do see, are priced sky high! So, how then do you take care of your skin and protect it from the harsh pollution that surrounds our lives? Natural and homemade recipes for skin care are the answers to these incessant issues that plague us so. In addition to being easy on your pockets, these natural recipes are free from chemicals that can have adverse effects on your skin. There are many advantages in homemade products that you may miss when compared to the products available in the market. For one, you can customise the homemade recipes according to your likes and preferences. The lotions and moisturisers youll create will smell great while also being non-greasy. Whats more, these do not require any fancy tools either, you just need a pan to melt the ingredients, a low flame and an air-tight container to store the goods. Scrubs are a good step towards wellness theyre great to exfoliate, rejuvenate and moisturise. They make the skin clean as well as nourish it with essential moisture and oils, making it soft subtle and delightful! Scrubs also make great gifts make your own, help friends and loved ones look beautiful organically and save a bomb on store bought cosmetics. Everyone likes a handsome gift, why not surprise someone right out of their shoes?! So lets centre in to the amazing world of beauty, finesse and being organic to the very core! We hope you enjoy the recipes provided in this book. The recipes inside contain a descriptive note of how to prepare and about how beneficial each of them are for your skin. The benefits to these recipes are endless. Bronze the body, treat anti-stretch marks, anti-cellulite, sensitive skin, acne, moisturise, hand care, lip care, foot care, relieve stress and exfoliate the skin. Bonus: Also contained inside is a guide of how you can grow thicker and stronger hair to promote hair growth, treat an oily or dry scalp and anti-dandruff. The recipes inside include Organic: Body scrubs Body butters Body wash Bath salts Face masks Hair care Lip love Deodorant