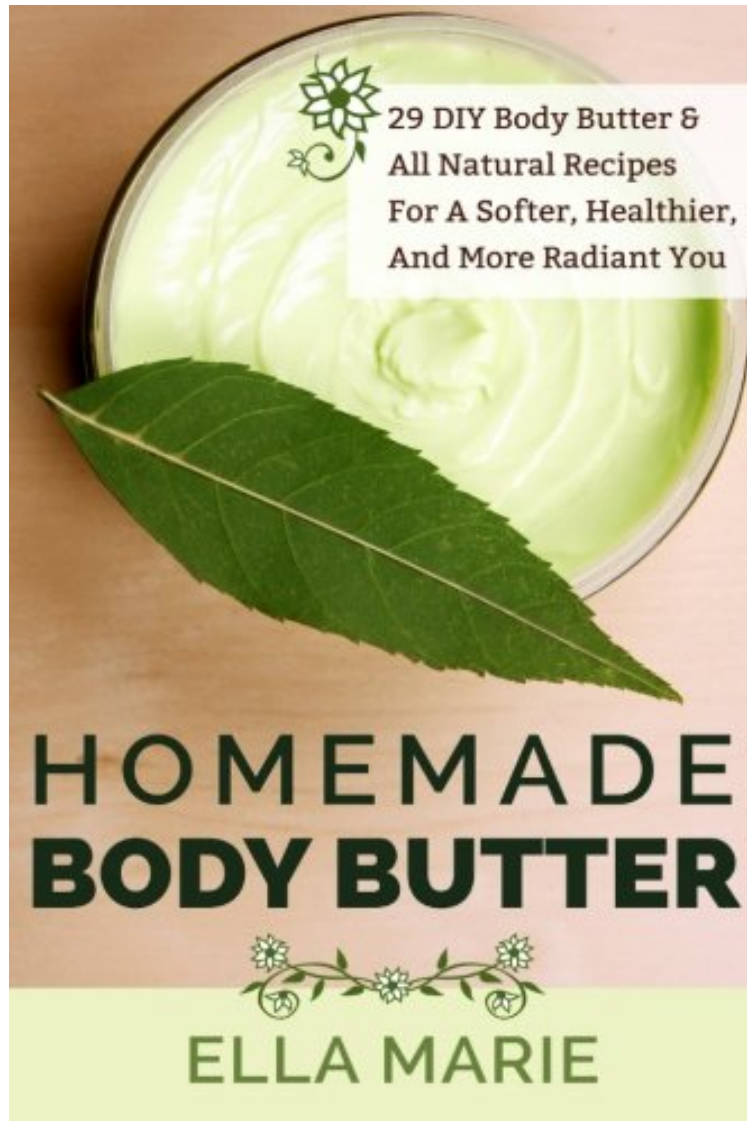


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## **HOMEMADE BODY BUTTER: 29 DIY BODY BUTTER ALL NATURAL RECIPES FOR A SOFTER, HEALTHIER, AND MORE RADIANT YOU**

*Ella Marie*

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M.Great guide to DIY body butters and other beauty products. And you get alot more then just recipes. This book has a ton of information on the products you may be using now, with a breakdown on ingredients and why some are harmful for our health. I'm ready to stop using commercial products all together, and am excited to try out several of the recipes in this book. I highly recommend this book if you are interesting in natural skin care and other beauty product.1 of 1 people found the following review helpful. No detailed information, too much blingBy Kindle CustomerWhile discussing the various ingredients that could be used, the author states that they're "high in" specific useful chemicals/compounds, but nowhere does she provide details. A few tables would help to clarify this.Also, there are several useless ebooks at the end of the purchased ebook, taking up limited space with stuff I'd rather not have.0 of 0 people found the following review helpful. As a woman, I think it is important that ...By May SmithAs a woman, I think it is important that we take care of our body especially when we get older. People are busier nowadays so we just usually buy whatever is readily available in stores. Not knowing that those over the counter product we put on our skin might have some chemicals that could endanger us. This book offers an alternative and healthier way of rejuvenating our skin by creating our own body butter recipes. And since we are personally making it, we are sure its safe for us.

Learn How To Make Your Very Own All Natural Body Butters in Less Than 1 hour!How many of us battle with constant issues with our skin? Is it oily? Dry? Red, itchy, flaky? Would you believe me if I told you that your current skin care regimen may be keeping it that way? Commercial skin care products are loaded with chemicals that claim youthful, radiant skin and charge an arm and a legbut can you believe those claims? Not me, and Im sure you dont either! Homemade Body Butters will explain why you should ditch the pricey youth serums, commercial moisturizers, and other skin care products and make your own. I know. You have a bunch of questions, no? Is it really worth the hassle? Isnt it expensive to buy stuff in bulk? I dont know what even goes into a moisturizer! I dont know enough about skin care products to even know where to start!You just did. You picked up this book. Homemade Body Butter will answer every one of those questions, give you a description of how the skin works, and the real reason for the book: the truth about the cosmetics industry and their products. Read chapter 2 and you will never use another commercial skin care product. If you do not believe me, pick up your favorite lotion, facial cream, shampoo, body wash, perfume, or deodorant. Look at the ingredients on the label. Do you know what all that stuff is? You wont believe your eyes when you find out what it is, or how it is made.This book is not all gloom and doom. In fact, it rejoices in the joys of creating your own personalized skin care products free of chemicals, dyes, toxins, and petroleum distillates. The recipes are simple and easy to follow. The ingredients are simple! Still dont believe me? Try finding a moisturizer at the drug store with 3 ingredientsyes 3! The Basic Coconut Body Butter recipe has 3 ingredients, all plant-based, and it can be made, from start to finish in less than an hour. It is nourishing to your skin and will not leave a greasy residue.Here is a short sample list of some body butter recipes you will get in this book:Tropical Paradise Whipped Body ButterMagnesium Sunscreen Body ButterSensual Milk Chocolate Edible Body ButterBees Knees Acne FighterTired and Achy Foot SoakHerbal DeodorantAnd So Much More!"Homemade Body Butter" gives you the foundation of knowledge and skills needed to go forth and create nourishing masterpieces of skin care. It gives hints and alternatives. It even has a section on troubleshooting when something doesnt look right. Once you begin using these deeply hydrating and soothing products, your skin will thank you by glowing radiantly. You will wonder why you waited so late to start making your own skin care products!The best part of all of these recipes is that they are all 100% customizable to you and your skin needs. While a store-bought moisturizer cant adapt to your skin, these recipes are made in small batches and can be tweaked and altered any way you choose. If you do not like the scent, change it to something you do like. Its that simple. The recipes explain the importance of using organic and chemical-free ingredients. The book also gives a list of suppliers who carry all the necessary ingredients you will need to become a master beauty crafter! The next step is to read the book, pick up the information, make a sample, and let your skin show how beautiful it can be!So what are you waiting for? Scroll back up the page and start making your very own body butters today!Tags: body butter, homemade body butter, body butter recipes, diy body butter, homemade beauty products, homemade shampoo, homemade soap

About the Author"Let food be thy medicine, and medicine be thy food" - Hippocrates Getting HEALTHY doesn't mean following the latest diet craze. There are no "cookie cutter" diets or exercise plan that will work perfectly for everyone. WE ARE ALL DIFFERENT! Ella lives by the philosophy that everyone should be empowered to make the diet decisions that work for their own body and lifestyle. In her books, Ella Marie provides a wealth of knowledge in the areas of health and fitness. Unlike other health guides, her content focuses on being easily implementable, as well as easy to understand. So instead of reading "over-hyped" low quality content that provide little to no value, you'll get quality actionable information that can be immediately implemented and potentially change your life for the better. When not writing, Ella Marie likes to read, go on bike rides, and explore the different parts of the world.