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Healing Homemade Body Butter Recipes: 27 Body And Face Scrubs, Masks And Butters To Make Your Skin Glow Today! (Homemade Body Recipes) (Volume 1)

Veronica Cooper

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Face Scrubs, Masks And Butters To Make Your Skin Glow Today! (Homemade Body Recipes) (Volume 1):

2 of 2 people found the following review helpful. A 5-Star book. Veronica Cooper, thanks for writing it so people everywhere can get their own copy. By Sherry Everett I've been blessed with great skin so I never saw the need to make or even use store-bought body butters. Not until NOW. I'm 39 and a few months ago my skin changed from oily to dry and I started to wrinkle. Being an herbal, natural sort of gal, I went online and sought out a book that appealed to me. This is the book I bought. I'm still astonished at the number of recipes in here. My advice to you women--and men--out there is: Don't wait until you start to wrinkle like I did. Get this book and protect your skin NOW. 1 of 1 people found the following review helpful. Five Stars By Connie Farris Great information! 0 of 0 people found the following review helpful. Five Stars By Terry Hurshman very informative

Healing homemade body butter recipes is a book that will enhance your beauty naturally Do you have a problem with your skin? Does it keep cracking and turning pale during the cold seasons? Well worry no more as you have the solution to your problem right in your hand. Healing homemade body butter recipes is a book that has been written by extensive research and also by an author specializing in creating natural remedies to help others. Healing Homemade Body Butter Recipes: 27 Body And Face Scrubs, Masks And Butters To Make Your Skin Glow Today! Contains a lot of detailed information and some great recipes to implement the same. The book Healing homemade body butters recipes covers extensively and into details the various recipes that will help you with various problems such as rough skin texture, having a skin that burns when exposed to the sun or one that will have a foul odor when sweating. The recipes are easy to follow and the ingredients are readily available either from the market or natural occurring. This will make it very easy for you to successfully come up with most of them. The book basically explains to you how you scientifically lose weight by adopting the ketogenic diets, once you understand this fact you will be able to know how you will benefit from ketogenic diets. The basic theory here is to control your carbohydrate intake which is proven to contribute to you gaining weight. Also, the book focuses on the various uses of the natural occurring products such as aloe vera and coconut oil. Did you know that the coconut oil is not only used for cooking and making the hair look stronger and beautiful? Did you also know that aloe vera can have more than 10 other uses on the skin minus making soaps for washing clothes? Take your time and read Healing Homemade Body Butters Recipes and you will get to know so many other things about these two and other natural occurring materials. Finally, I would like to assure you that with this book, you will have nothing to ever fear about when it comes to beauty and cosmetics. It will help you cut costs on the various over the counter products which are full of chemicals and will not be as effective as the natural occurring elements. All you will have to do is make sure that you have correctly followed each step and you will have wonderful results. Enjoy.