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# Healing Homemade Body Butter: 22 Body and Face Scrubs, Masks and Butters to make your Skin Glow!

*Katie Lee*

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## Healing HOMEMADE BODY BUTTERS

22 Recipes for Body and Face  
Scrubs, Masks and Butters to make  
your Skin Glow!



**KATIE LEE**

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**Katie Lee : Healing Homemade Body Butter: 22 Body and Face Scrubs, Masks and Butters to make your Skin Glow!** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Healing Homemade Body Butter: 22 Body and Face Scrubs, Masks and Butters to make your Skin Glow!:

2 of 2 people found the following review helpful. Nice Spa Recipes:)By MartaI am a massage therapist and a passionate aromatherapist and so I got interested in this book the moment I saw it. I do have most of the ingredients at home, I love coconut oil, shea butter (here in Spain it's called Mantequa de Karitee) and essential oils like tea tree and all kinds of citric essential oils. This book opened my eyes to a whole range of new blends and creations that I can make- if you are interested in a natural, healthy and sustainable lifestyle and are new to natural cosmetics; you may find this book helpful. Of course, remember to familiarize yourself with possible precautions of using EO's and other

ingredients (still, the most dangerous thing is to keep using chemical beauty products that nobody ever warns us against...). Overall- good start for beginners :)0 of 0 people found the following review helpful. Healing Homemade Body Butter reviewBy BernieThis little book by Katie Lee has 22 recipes for body and face shubs, masks, and body butters. The directions are easy to follow.1 of 1 people found the following review helpful. There are many fine natural recipes in this bookBy Mary Ann HiltonThere are many fine natural recipes in this book. I plan to make the sunscreen for my grandchildren. I have been a cold processed soap maker for almost 20 years and I also make salves and lotions. I found these recipes to be easy enough even for a beginner. It is so important to use only natural products. Lets stay healthy!

Countless women spend a small fortune each year on boutique spa products like lotions, creams and ointments. What you may not realize, however, is that those products you are buying can easily be recreated at home. Why spend \$30 on a small tub of body butter when you can make a large batch at home for half the price? Included in this book are recipes for: \*Body butter with Sunscreen \*Recipes for Sunburn \*Recipes for Scars \*Recipes for Acne \*Recipes for Anti-aging \*Recipes for Eczema \*Recipes for Wrinkles \*Recipes for relaxing \*Recipes for Cooling Also included are recipes for scrubs and masks for the lips and face! All recipes use natural products with NO toxic ingredients. What are you waiting for...get smooth glowing skin NOW